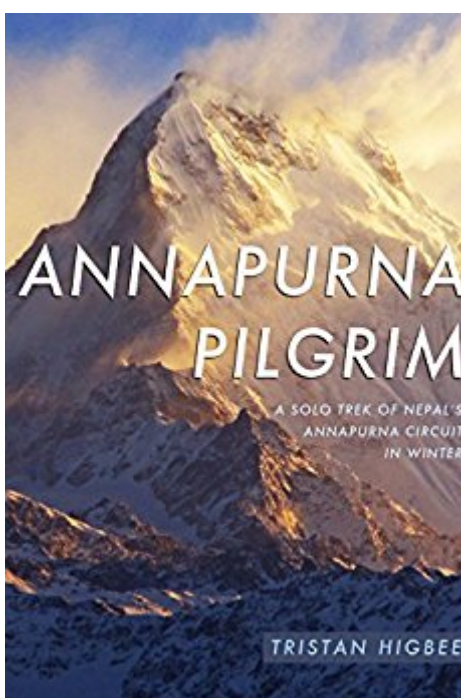


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# Annapurna Pilgrim: A Solo Trek Of Nepal Annapurna Circuit In Winter



## Synopsis

Annapurna Pilgrim is the must-read account of one man's solo trek around Nepal's famed Annapurna Circuit in winter. More than a year after trekking alone to Everest Base Camp (see the author's book Everest Pilgrim) and less than a month after completing the Langtang and Helambu treks with friends (see Himalayan Pilgrim), writer and adventurer Tristan Higbee sets off once again to trek on his own. His target this time is the Annapurna Circuit, a route that circumnavigates the high Annapurna massif. The only problem is that it's the middle of winter, and reliable information about the state of the trail is difficult to come by. With no guide, porter, or trekking companions, Tristan sets off to see what one of the most famous hikes in the world has to offer. Readers follow along in this day-by-day account of the trek as the author encounters freezing temperatures, entire days spent without seeing other trekkers, incredible ancient villages frozen in time, an interesting cast of characters (both local and foreign), and some of the most stunning Himalayan views in Nepal. The trek finishes up with a quick romp up Poon Hill, the most popular trekking destination in the country. The author, a lifelong lover of adventure literature, also seeks out some of the places mentioned in Maurice Herzog's mountaineering classic Annapurna: The First Conquest Of An 8,000-Meter Peak to see how they've changed in the 60+ years since Herzog's expedition and the book's publication. The book itself contains 30 of the author's photos from the trek. On the author's website (a link to which is included in the book) are more than 200 additional stunning photos and a detailed map of the trek. At the end of the book are two valuable appendices that those interested in trekking in Nepal will find invaluable. The first is a complete daily record of all costs associated with the trek. Find out just how affordable trekking in Nepal is! The second appendix contains a list of the gear that the author took on the trek. Annapurna Pilgrim is a must-read for those planning their own Annapurna Circuit journeys or those who simply enjoy reading about adventures in far-off places. Add it to your library today! Note: This book is about 50,000 words in length. Be sure to check out the author's other books for more Nepal trekking adventures.

## Book Information

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## Customer Reviews

If you don't have a few thousand dollars to fly to Nepal and hike the Annapurna Circuit, but you do have \$4.00 and a phone, then congrats, Tristan Higbee has just saved you a huge bundle of cash. Like his other excellent trekking narrative [Himalayan Pilgrim: A Chronicle of Independent Trekking Through Nepal's Less-Traveled Regions](#), Annapurna Pilgrim does an incredible job of transporting you from wherever you are and plopping you down in the heart of the Himalayas. I am genuinely not kidding when I say reading this book feels like going on your own little trek through the eyes of someone with an open mind, a glib sense of humor, and the time to explore the furthest reaches of the mountain region. Whether you're trudging over dusty jeep roads, wriggling your fingers for warmth in the blustery morning on Thorung La, or watching the rhododendrons burst like fireworks as you make your way through a tropical canyon, I can promise you that you will a) be surprised at how hard it is to put this book down and b) you will get a sense of adventure and fulfillment as you accompany the author on his journey. If that's not worth your time then what book is?

This book is a well-written book about trekking around Annapurna in Nepal in the winter. There are some great pictures along with the lively and informative text. This book should appeal to those adventurers who are thinking of trekking here (lots of details as to cost, equipment, etc.), as well as to us arm chair adventurers who just like to read about other people's adventures. This is the third book Tristan has written about trekking in Nepal and I highly recommend all of them. Tristan is a

very good writer and makes the subject come alive. At the end of the book there is a link to many more pictures on his blog, which are well worth viewing.

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